

Program Opportunities

September 2025



Introducing new Body Appreciation badges!

Through the new Body Appreciation badges, Girl Scouts see their bodies in a positive new way. The badges are designed to help girls shift their focus from body image to body function, and transform how they view and think about their bodies. Try a variety of fun, age-appropriate activities to build self-confidence, practice self-care, and start lifelong habits that support both physical and emotional well-being.

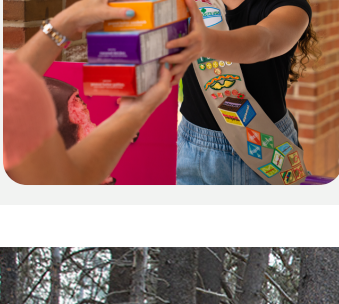
- **Daisy Fun with Movement:** Move your body for fun, including the development of gross and fine motor skills.
- **Brownie Me Time:** Use your amazing body as a tool to help you feel your best.
- **Junior Uniquely Us:** Learn to appreciate differences, celebrate similarities, and accept your unique self.
- **Cadette Outside the Mirror:** Question beauty standards to find and appreciate your authentic self.
- **Senior Mind, Body, Me:** Support overall well-being.
- **Ambassador Cheers for Every Body:** Appreciate and celebrate uniqueness in yourself and others.

Purchase badge booklets in the Girl Scout Shop, or sign into MyGS to explore meeting plans in the Volunteer Toolkit. Watch the recent [KOIN news clip](#) with GSOSW CEO Shannon Evers and Gold Award Girl Scout Thiliga about why these new badges are so important for girls everywhere!

LEARN MORE

Reminder: Some program credits expire on

September 15!



Program credits issued for the 2023 Fall Product Program or the 2024 Girl Scout Cookie Program (including Adventure Passes issued during the 2024 program) expire on September 15. Program credits can be used for membership renewal, GSOSW events, and more! Check out the [Program Credits page](#) on our website for details.



Travel Mode: On!

Destinations are individual travel experiences open to Girl Scout Cadettes, Seniors, and Ambassadors. [New Destinations opportunities are now open!](#)

Choose from upcoming opportunities like:

- [Girl Scouts Connect: 2026 National Convention](#)
- [Maui-No-Ka-Oi](#)
- [Pandas and Pagodas: The Great China Adventure](#)

Check out these exciting trips and so many more, and apply before November 15 for your favorite trips! Many trips have discounted program fees this year. Financial aid will be available, and Destinations trips are also eligible for [program credit](#) use. Plan ahead and start your applications if a travel opportunity piques your interest!

GSOSW will be hosting a Discover Girl Scout Destinations Travel workshop (virtual) in October, where we will share more details about these incredible opportunities, how to apply for a trip, and how Girl Scouts can pay their way on a trip of a lifetime. Workshop details will be shared in this newsletter and on [our Events page](#) when a date is finalized.

EXPLORE DESTINATIONS



Register for a Town Hall near you!

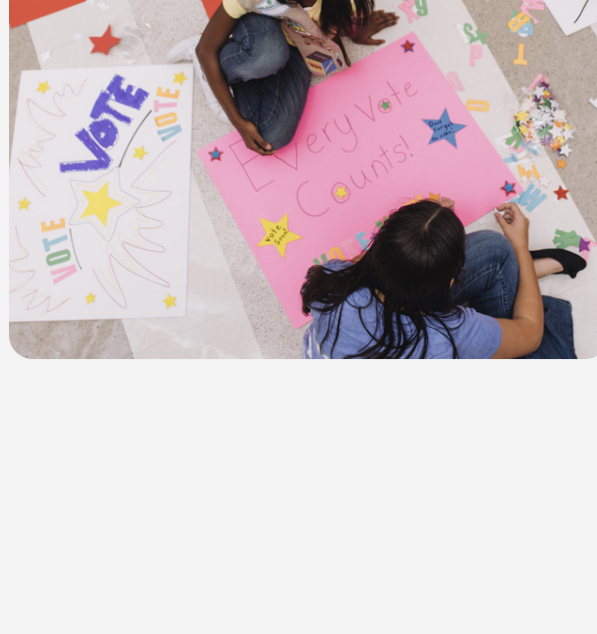
We'll be visiting Girl Scouts across the council to share our plans for the coming year and connect with Girl Scouts and volunteers. For a list of locations and dates, and to sign up, visit girlscoutsw.org/townhalls!

SIGN UP

Promote the Vote

National Service Project

Girl Scouts across the country are working to help people in their community learn how and when to register to vote, where to find key information, how to educate themselves on candidates and issues, how to make a voting plan, and more. Simple steps and easy-to-follow templates guide you through the process. Promote the Vote with Girl Scouts and help shape your tomorrow—today!



LEARN MORE

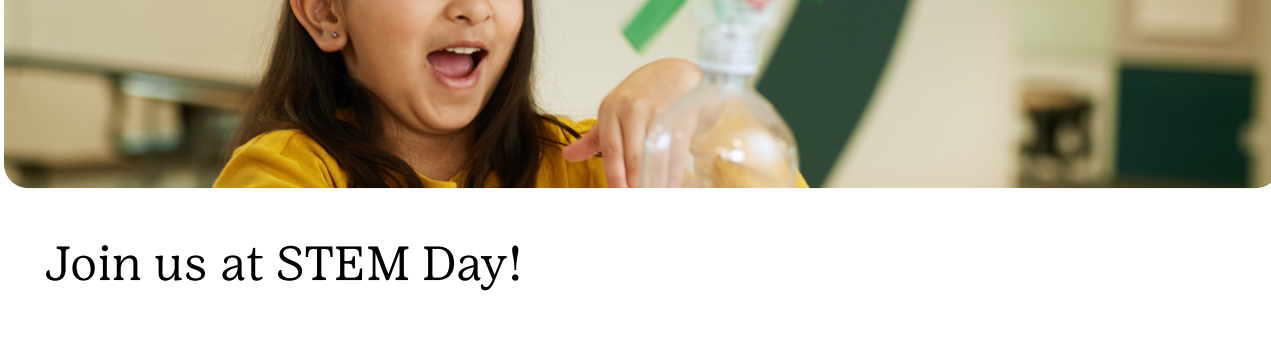


Girl Scouts Love State Parks Weekend

Mark your calendars for Girl Scouts Love State Parks Weekend on September 14 and 15. Head outside to explore a local state park near you and participate in self-guided tours, family hikes, watersports, stargazing, camping, and so much more!

Use the [Girl Scouts of Oregon and Southwest Washington State Parks Passport \(PDF\)](#) to help you discover the parks and unlock a special patch!

EXPLORE STATE PARKS



Join us at STEM Day!

November is STEM Month, and we celebrate it with our biggest annual event, STEM Day, on November 8. Join us in Salem, Oregon, for this expo-style fair where Girl Scouts and their friends and families are invited to explore different STEM activities and careers.

Try something new with 50+ unique STEM program partners, each with a hands-on activity at their booth. Every Girl Scout in attendance will receive a [STEM Career Exploration badge](#) (to be purchased separately) and earn a 2025 STEM Day fun patch. Registration is open now through November 2.

SIGN UP

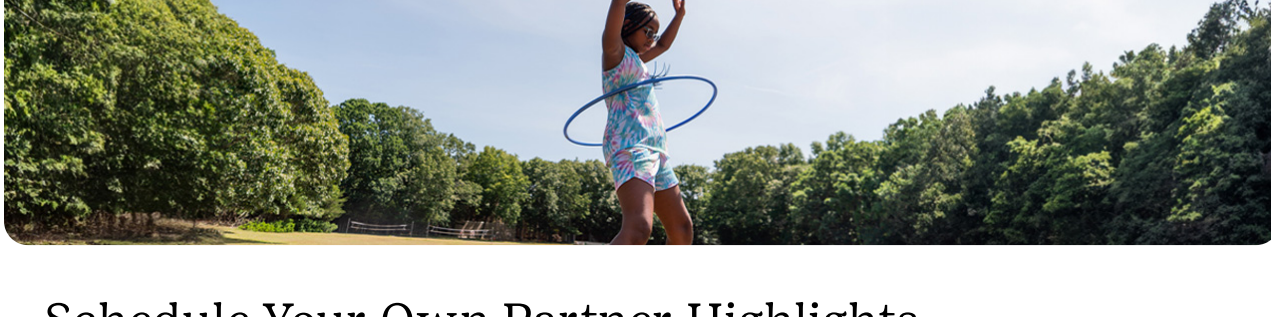
Celebrate Hispanic Heritage Month



During Hispanic Heritage Month, September 15 through October 15, we celebrate the countless contributions that Hispanic people and Latinos have made and continue to make in the United States. We honor the cultural richness of all people in the U.S. whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Celebrate with your troop or your family by earning the ¡Yo soy una Girl Scout! Patch.

Download the Hispanic Heritage Month Activity Sheet in [English \(PDF\)](#) or [Spanish \(PDF\)](#).

LEARN MORE



Schedule Your Own Partner Highlights

View the [Schedule Your Own Adventure Center](#) to access a huge list of vetted program partners from around the council. These partners are waiting for your call to schedule a special Girl Scout program just for your group! They can help complete badge steps or support the career exploration steps that interest your Girl Scout. Check out these exciting partners and schedule a visit for your troop or group soon!

Portland Rock Gym

Get exploring this summer with ziplines at approved High Adventure Partner [Portland Rock Gym](#) in Portland and Beaverton! Discover new heights as you explore rock climbing. Learn about rock climbing, bouldering, belaying, and more with instructor guidance and support. Girl Scouts can work toward earning the Snow or Climbing badges for all ages, Brownie Outdoor Adventurer, Cadette Trees, Senior Adventurer, and Ambassador Ultimate Recreation badges.

Wanderlust Tours

Explore the great outdoors through unique adventures with approved High Adventure Partner [Wanderlust Tours](#) in Bend, OR! Experience a hidden world of lava caves underneath a starry summer; there will also be a drawing for a \$100 camp certificate and a free week at camp for 2026. Any troops who work the day can stay the night for free—just indicate this option when you sign up. Lunch will be provided. Troops and families welcome! Email doskid@msn.com to sign up.

SCHEDULE YOUR OWN ADVENTURE CENTER



Camp Arrowhead Fall Work Party

October 18, 2025
Girl Scouts of all ages

Stevenson, WA

Free

Join us for a work party at Camp Arrowhead for the opportunity to tour this beautiful camp and participate in a service project. Help get camp ready for the winter! Tasks will include cleaning, trail work, and more! Any girl who works will get a \$20 certificate for camp next summer; there will also be a drawing for a \$100 camp certificate and a free week at camp for 2026. Any troops who work the day can stay the night for free—just indicate this option when you sign up. Lunch will be provided. Troops and families welcome! Email doskid@msn.com to sign up.

More Girl Scout Activities

Looking for more? Check out the [Girl Scouts of Oregon and Southwest Washington Events page!](#)

RESOURCES

[Schedule Your Own Adventure Center](#)

[Safety Activity Checkpoints](#)

[GSOSW Patch Programs](#)

[Girl Scout Activity Zone](#)

[Raising Awesome Girls](#)

[Girl Scout Shop](#)